



# Speak from your heart

A helpful discussion guide for your next doctor visit

After you've had a hospitalization or needed IV medicine\* due to heart failure, it's important to have open communication with your doctor. This discussion guide can help get the conversation started at your next doctor visit and see whether VERQUVO may be right for you.

\*Medicine given through a vein.



## Here are some things you may want to discuss

**1** Have you noticed any increase in your heart failure symptoms?

Check all that apply:

- A fast heartbeat
- Shortness of breath
- Ongoing coughing or wheezing
- Feeling dizzy, weak, or tired
- Swelling of your feet or legs

List any additional symptoms you're experiencing:

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**2** What should you know about the safety and side effects of VERQUVO?

**3** How might VERQUVO help reduce your chances of another heart failure hospitalization or death?



## Ask your doctor to see how VERQUVO may help you.

### What is VERQUVO?

VERQUVO is a prescription medicine used in adults who are having symptoms of their chronic (long-lasting) heart failure, who have had a recent hospitalization or the need to receive intravenous (IV) medicines and have an ejection fraction (amount of blood pumped with each heartbeat) of less than 45 percent to reduce the risk of dying and to reduce the need to be hospitalized.

### IMPORTANT SAFETY INFORMATION

**VERQUVO may cause birth defects if taken during pregnancy.**

- **Females must not be pregnant when they start taking VERQUVO.**
- For females who are able to get pregnant:
  - Your healthcare provider will do a pregnancy test to make sure that you are not pregnant before you start taking VERQUVO.
  - You must use effective forms of birth control during treatment and for 1 month after you stop treatment with VERQUVO. Talk to your healthcare provider about forms of birth control that you may use to prevent pregnancy during treatment.
  - Tell your healthcare provider right away if you become pregnant or think you are pregnant during treatment with VERQUVO.



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